



Clínica
Universidad
de Navarra

Farmacéutico de Hospital y Farmacogenética- Farmacogenómica

55 Congreso de Farmacia Hospitalaria
Madrid, Octubre de 2010

Azucena Aldaz Pastor
Unidad de Farmacocinética

PK.gen



Conceptos introductorios

Encuesta: Objetivo, Realización, Resultados

Ámbito legal de trabajo del farmacéutico de hospital

Situación actual de la farmacogenética

asistencial: soporte profesional de las agencias reguladoras

Posicionamiento profesional

Desarrollo de herramientas de ayuda

EMA/CHMP/ICH/437986/2006

Topic E15

Conceptos introductorios:

Definiciones ICH

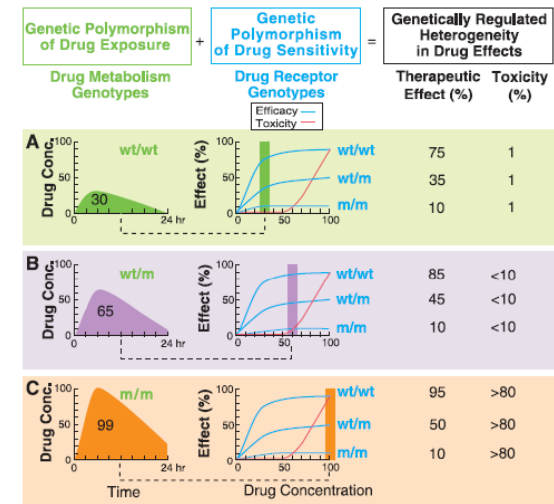
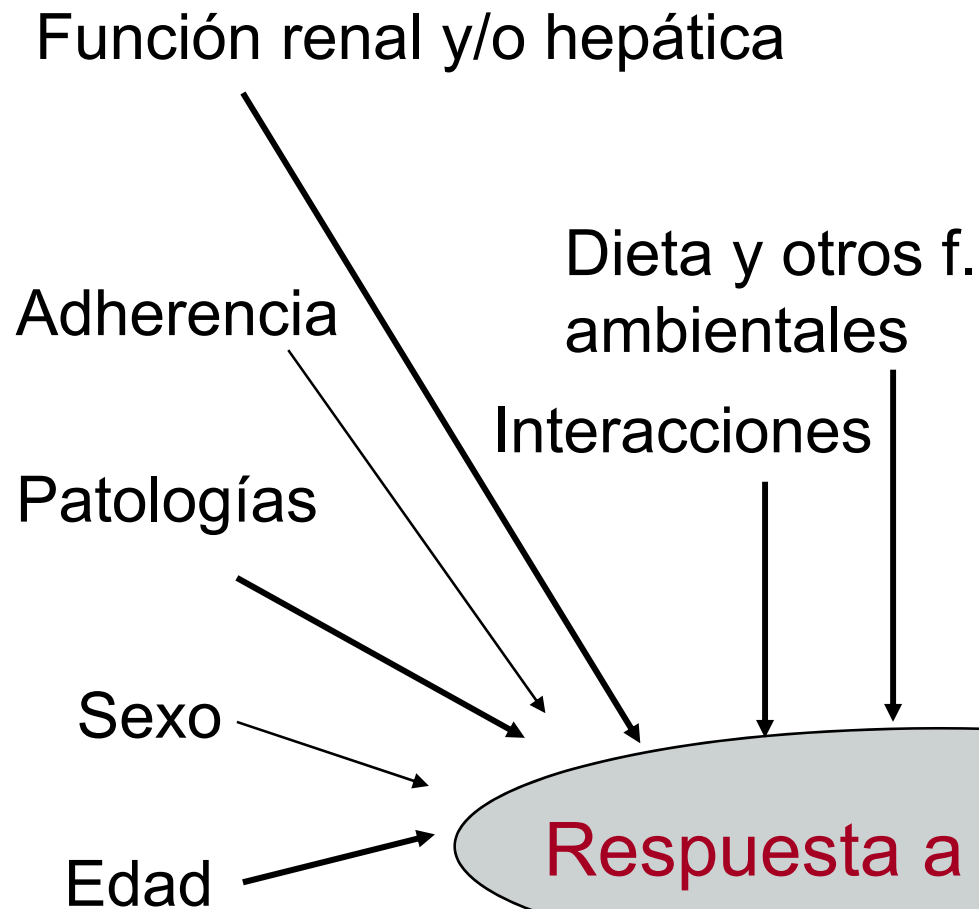
Farmacogenética/Farmacogenómica: *definiciones de consenso adoptadas por las agencias reguladoras internacionales (2007) a propuesta de la Conferencia internacional en armonización de requerimientos técnicos para el registro de fármacos de uso humano (ICH)*

Biomarcador genómico: Una característica medible de ADN o ARN que es un indicador de un proceso biológico normal, o de un proceso patológico y/o de la respuesta a una intervención terapéutica o de otro tipo.

Farmacogenética: Estudia la influencia de las variaciones genéticas en el ADN sobre la respuesta a los fármacos

Farmacogenómica: Estudia la influencia de las variaciones genéticas en el ADN y el ARN sobre la respuesta al tratamiento farmacológico

Factores genéticos



- . *Metabolismo*
- . *Receptor*
- . *Transporte*

The Convergence of Therapeutic Drug Monitoring and Pharmacogenetic Testing to Optimize Efavirenz Therapy

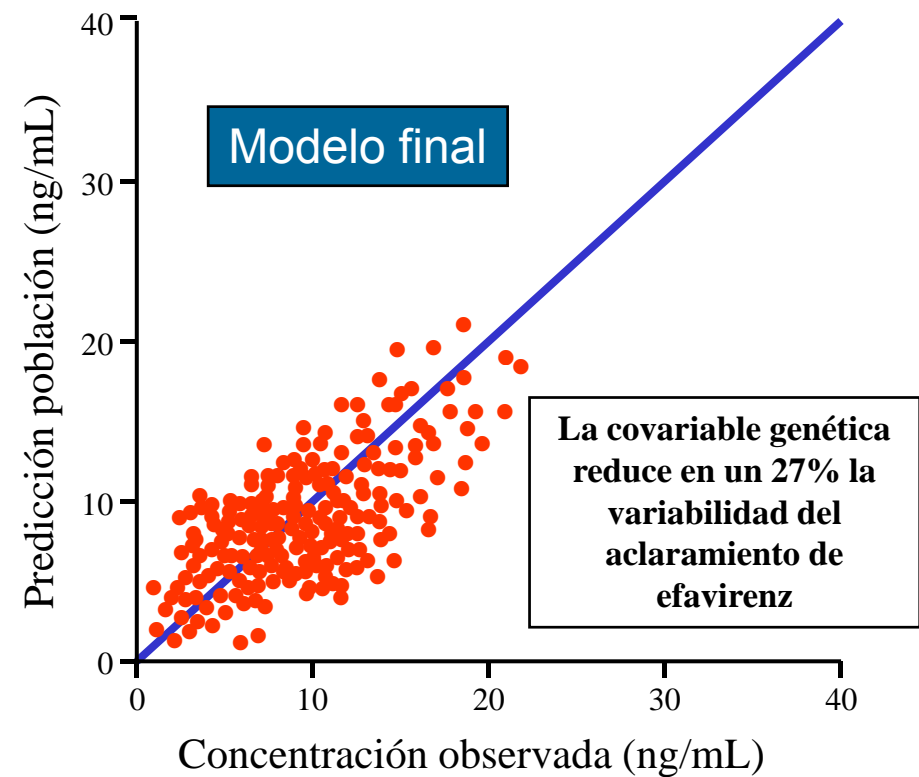
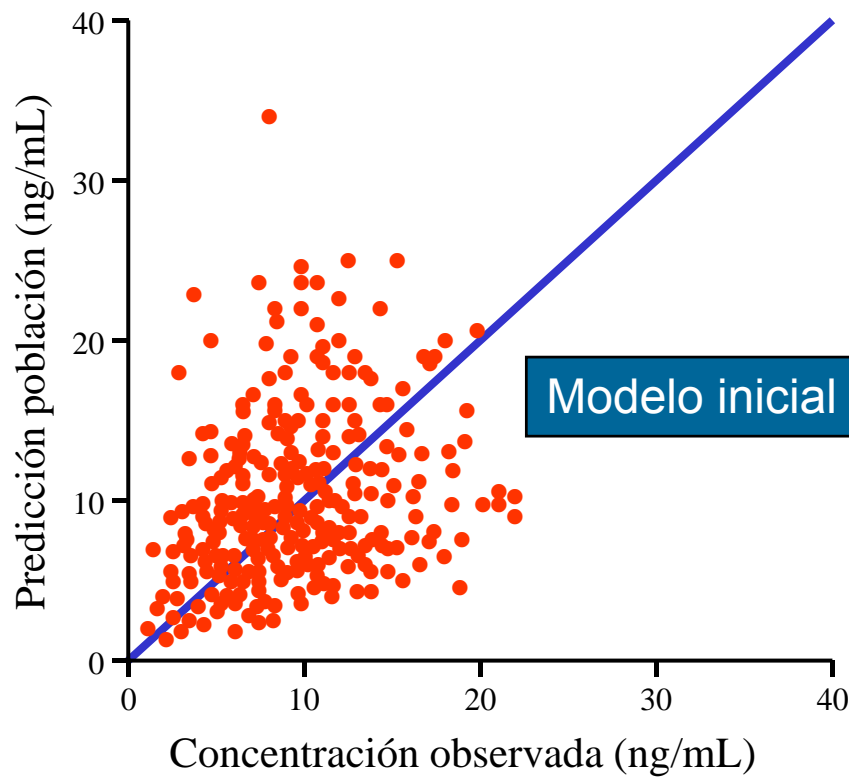
Salvador Cabrera Figueroa, PhD,† María Fernández de Gatta, PhD,‡
Lorena Hernández García, PhD,§ Alfonso Domínguez-Gil Hurlé, PhD,*† Carmen Bustos Bernal, RN,||
Rosa Sepúlveda Correa, PhD,¶ and María José García Sánchez, PhD‡*

(Ther Drug Monit 2010;32:579–585)

the clinical use of pharmacogenetic testing to guide drug dosage is hampered by two main factors: the effect of nongenetic factors and the limitations related to the inability to predict a reliable safe dosage from pharmacogenetic data. TDM could be used to overcome these limitations and its use as a clinical tool to tailor drug doses has been clearly demonstrated. Recently, the combined use of TDM with pharmacogenetic testing has been advocated to achieve more precise individualized therapy.^{21,22}

Farmacocinética poblacional de efavirenz

^a Final model: $CL/F = \theta_1 \times e^{-0.03 \times CYP2B6}$ and $V/F = \theta_2$.



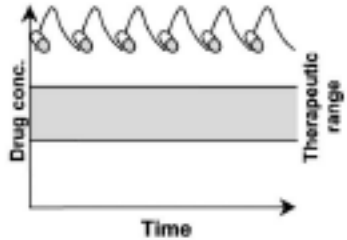
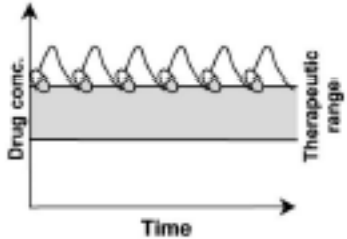
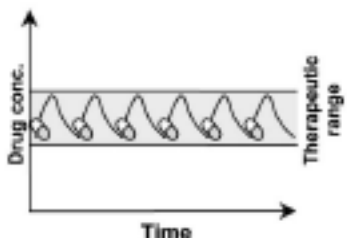
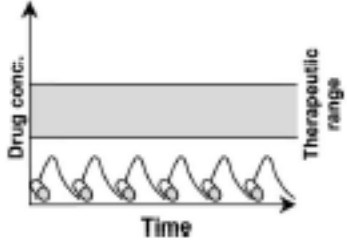
Therapeutic drug monitoring for triazoles

William W. Hope^a, Eliane M. Billaud^b, Jodie Lestner^a and David W. Denning^a

Current Opinion in Infectious Diseases 2008,
21:580–586

reduced, but measurable enzyme activity. The proportion of poor metabolizers within a population depends on the racial composition; the incidence is 3–5% in whites but as high as 15–20% in Asian patients [46]. Because the CYP2C19 genotype only explains a portion of overall variance, dosing cannot be individualized on the basis of pharmacogenetic data alone.

Conceptos introductorios:
Condicionantes de la respuesta

CYP2D6 function	Mutation	Effect on steady state concentration	Anticipated clinical effect	Possible consequences
<p>Poor Metabolizer (PM) No function 6 - 8% in Caucasians Gene dose = 0</p>	<p>Homo- or combined heterozygous with defective enzymes or complete deletions (>15 mutations)</p>		<ul style="list-style-type: none"> • Toxicity • Adverse drug effects 	<ul style="list-style-type: none"> • Reduce dose • Change medication and avoid substrates of CYP2D6 • Ther. drug monitoring
<p>Intermediate Metabolizer (IM) Reduced function 10 - 33% in Caucasians Gene dose = 0.5 or 1.0</p>	<p>Combination of dysfunctional and reduced function or normal allele</p>		<ul style="list-style-type: none"> • Adverse drug effects? • Efficient therapy? 	<ul style="list-style-type: none"> • Reduce dose? • Change medication and avoid substrates of CYP2D6? • Ther. drug monitoring?
<p>Extensive Metabolizer (EM) Normal function Gene dose = 2.0 or 1.5</p>	<p>Homozygous wild type or combination of functional and reduced function allele</p>		<ul style="list-style-type: none"> • Desired concentration range • Efficient therapy 	
<p>Ultra Rapid Metabolizer (UM) Enhanced function 2 - 4% in Caucasians Gene dose > 2.0</p>	<p>Duplication or multiplication of functional gene</p>		<ul style="list-style-type: none"> • Ineffective therapy 	<ul style="list-style-type: none"> • Avoid CYP2D6 substrates • Megadose or comedicate CYP2D6 inhibitor and monitor conc.

(Ther Drug Monit 2010;32:381–386)

SEFH

Madrid Octubre 2010

Conceptos introductorios:

Condicionantes de la respuesta

Pharmacokinetics of voriconazole and cytochrome P450 2C19 genetic status

CLINICAL PHARMACOLOGY & THERAPEUTICS
2004;75(6):586-8

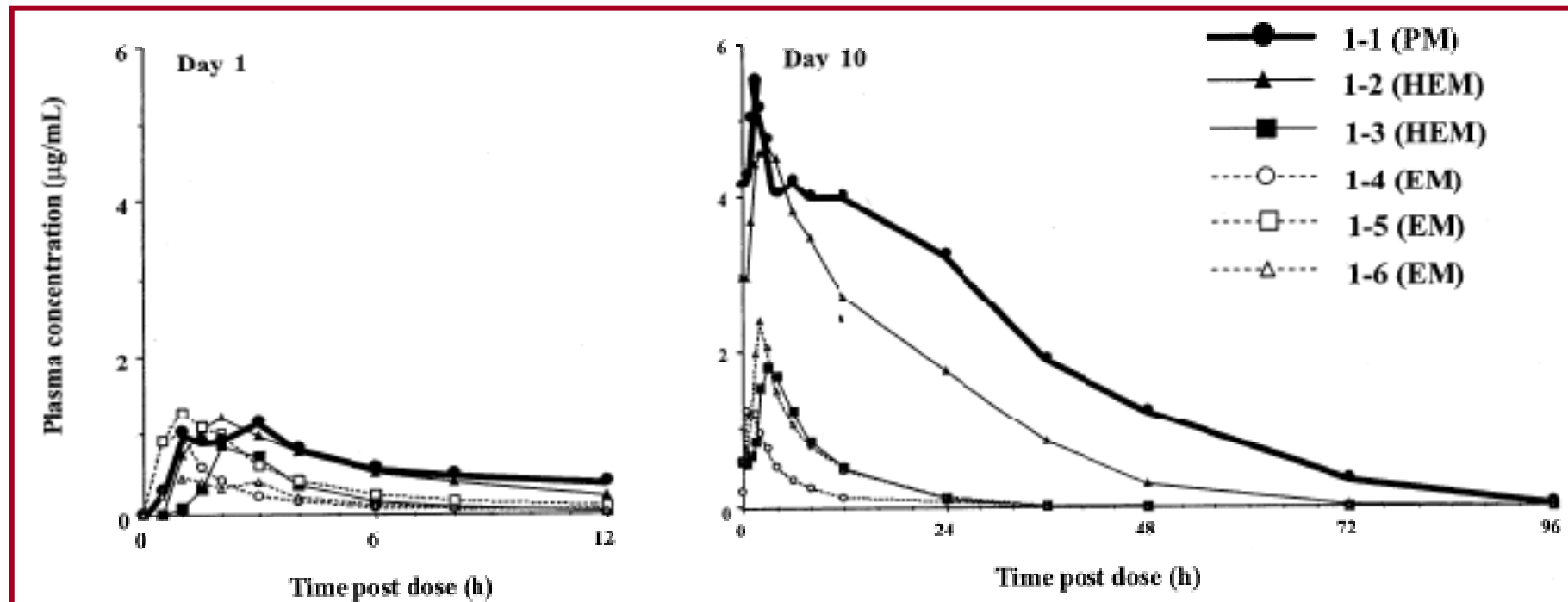
Yasuhiko Ikeda, MD

Kazuo Umemura, MD

Kazunao Kondo, MD

Hamamatsu University School of Medicine

Hamamatsu, Japan



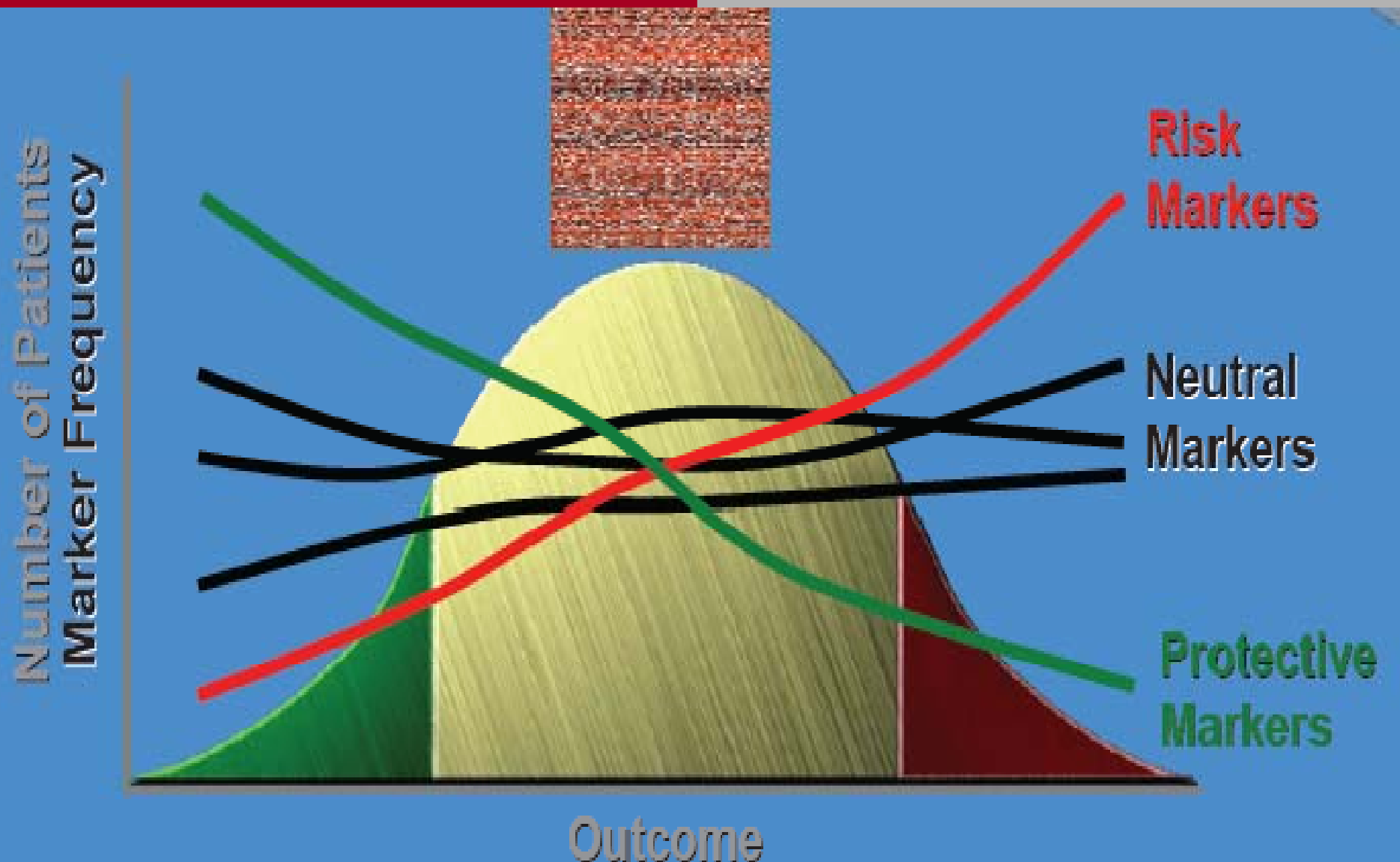
Dosis	Vía	Concentración (mcg/ mL)	Cl (L/ h)	Interacción	Recomendación
200 mg c/ 12 h	OR	14	1,19	Sorafenib	Reducir dosis 50 %
50 mg c/ 12 h	OR	0,53	7,86	Clindamicina	Aumentar dosis 75 – 85 %
150 mg c/ 12 h	OR	2,3	5,4	¿Mirtazapina o fluoxetina?	Vigilar posible interacción. No descrita.
200 mg c/ 12 h	OR	1,15	14,5	Cassenglicol®	Espaciar administración 2 h. Aumentar dosis 50 %
200 mg c/ 12 h	OR	6,3	2,64	Fluconazol (en tratamiento previamente a comenzar con voriconazol)	Disminución del aclaramiento (eliminación saturada). Reducir dosis 25 %.
300 mg c/ 12 h	OR	1,8 (LCR); 5,4 (estimado en suero)	4,63	Isoniacida	Reducir dosis 10-25 %.
200 mg c/ 12 h	OR	0,82	20,3	Nutrición parenteral	Administrar por otra vía (periférica).
200 mg c/ 12 h	OR	5,1	3,27	Amiodarona	Reducir 25-30 %.
300 mg c/ 12 h	OR	9,2	2,72	Claritromicina	Disminuir dosis 50 %.
320 mg c/ 12 h	IV	0,39	68,4	Rifampicina	Reduce niveles 90-95 %. Administrar 2 dosis de 600 mg y continuar 300 mg c/ 12 h)
100 mg c/ 12 h	OR	6,0	1,39	Pectomon® (plantas medicinales)	Disminución del Cl 70%. Suspender Pectomon®
200 mg c/ 12 h	OR	1,5	11,11	¿Metilprednisolona?	Posible disminución de la absorción o interacción con metilprednisolona. No cuantificada.
400 mg c/ 12 h	IV	3,5	9,5	Clindamicina	Se recomienda paso a vía oral, 200 mg c/ 12 h
275 mg c/ 12 h	IV	13,3	1,72	Eritromicina	Suspender eritromicina
N=21			4,62 ± 2,12		
N=18			3,83±0,98		
N=3		ND			

SEFH

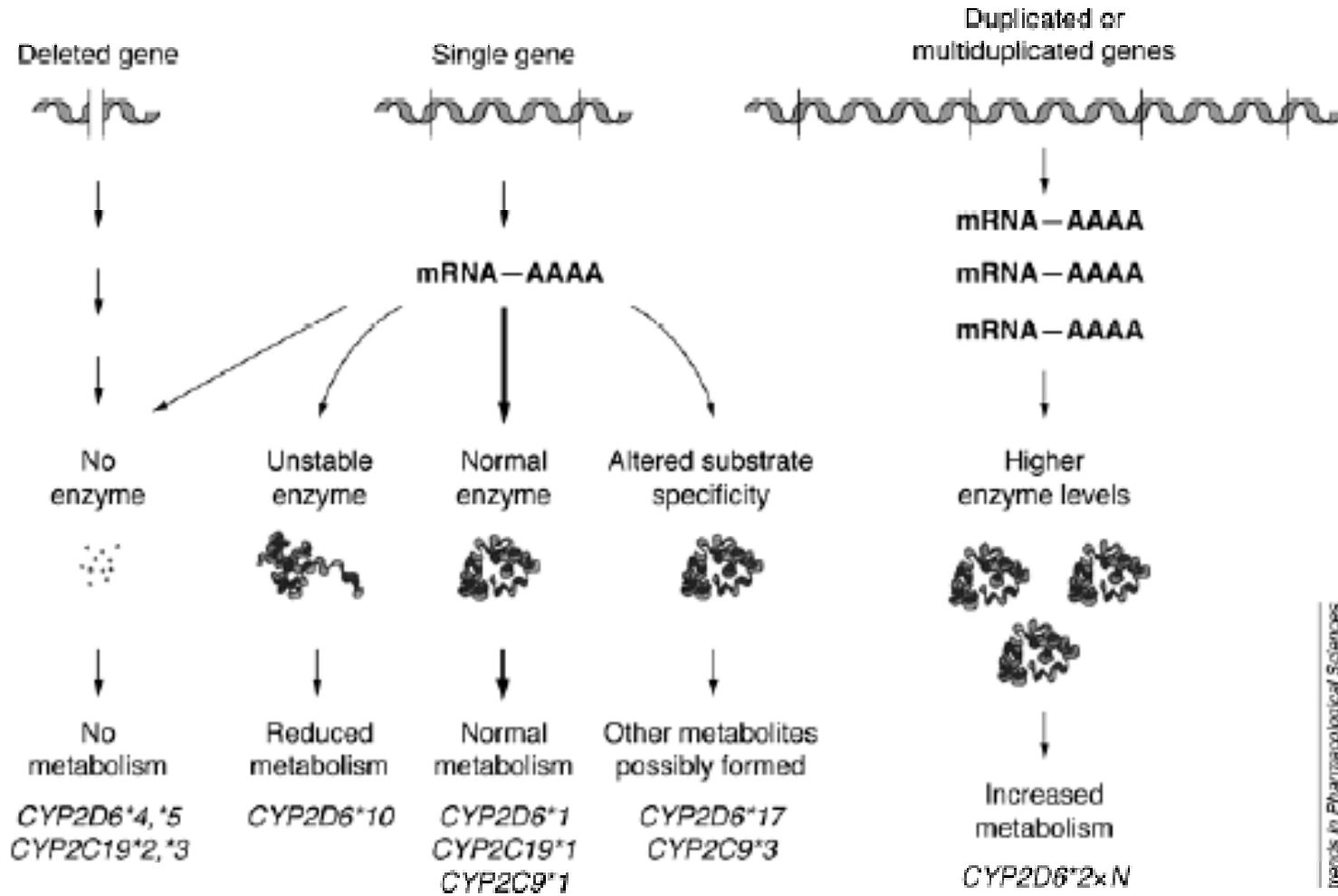
Madrid Octubre 2010

Conceptos introductorios:

Condicionantes de la respuesta

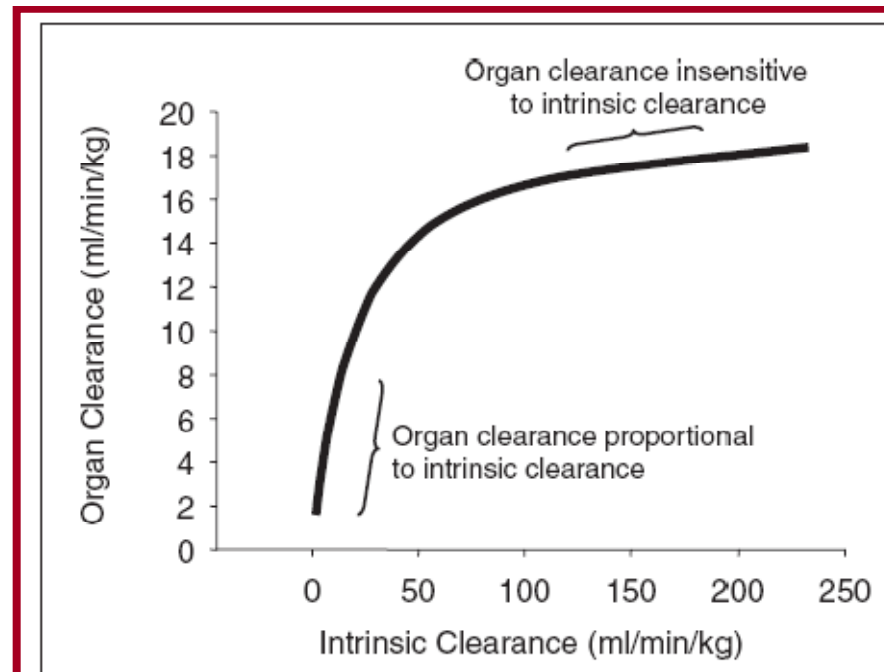


Conceptos introductorios:
 Condicionantes de la respuesta



So Many Studies, Too Few Subjects: Establishing Functional Relevance of Genetic Polymorphisms on Pharmacokinetics

J. Andrew Williams, PhD, Keith Johnson, PhD, Joseph Paulauskis, PhD, and Jack Cook, PhD



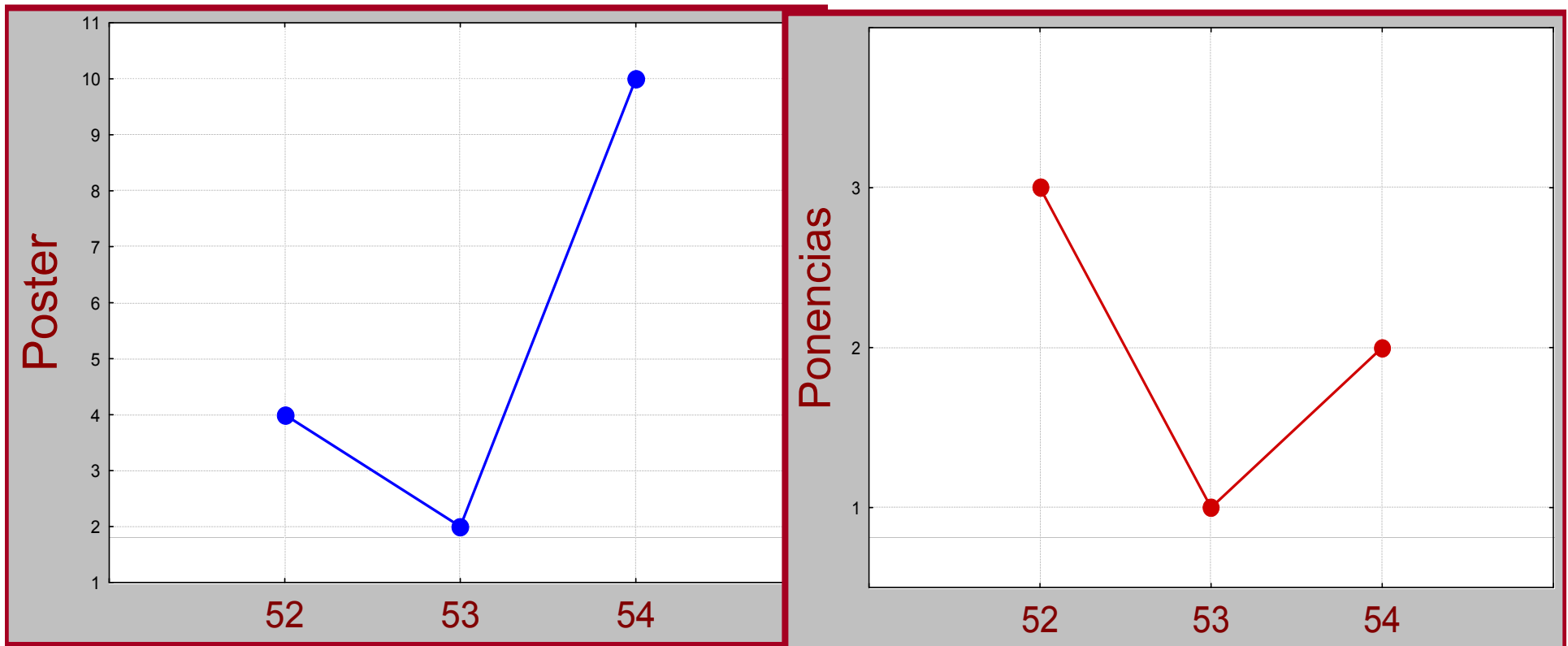
Journal of Clinical Pharmacology, 2006;46:258-264

Encuesta a farmacéuticos de hospital sobre la actividad en farmacogenética

Dávila Fajardo, Cristina Lucía	Hospital Universitario San Cecilio	Granada	Andalucía	PG	Investigación
Galoso Rey, Mónica	Complejo Hospitalario Universitario de Vigo	Vigo	Galicia	PG	Investigación
Isla, Beatriz	Reina Sofía	Córdoba	Andalucía	PG	Investigación
Lacruz Guzmán, Diana	Santa María del Rosell	Cartagena	Murcia	PG	Investigación
Lamas Diaz, Maria Jesús	CHUSantiago de Compostela	Santiago	Galicia	PG	Rutina
M ^a Paz Valverde	H General Universitario Salamanca	Salamanca	CyL	PG	Rutina
Martin Barbero, Marisa	H General Universitario Gregorio Marañón	Madrid	Madrid	PG	Rutina
Milara, Javier	H General Universitario de Valencia	Valencia	CV	PG	Rutina
Morales Lara, Maria José	HGU Reina Sofía	Murcia	Murcia	PG	Investigación
Piñeiro Conde S/Outeda María	CHU Juan Canalejo	A Coruña	Galicia	PG	Rutina
Porta Begoña	H Dr. Peset	Valencia	CV	PG	Investigación

n= 11

Ponencias y Posters sobre Farmacogenética-Farmacogenómica en los Congresos anuales de la SEFH (2007-2009)



2. Para contribuir al uso racional de los medicamentos las unidades o servicios de farmacia hospitalaria realizarán las siguientes funciones:

- a) Garantizar y asumir la responsabilidad técnica de la adquisición, calidad, correcta conservación, cobertura de las necesidades, custodia, preparación de fórmulas magistrales o preparados oficinales y dispensación de los medicamentos precisos para las actividades intrahospitalarias y de aquellos otros, para tratamientos extrahospitalarios, que requieran una particular vigilancia, supervisión y control.
- b) Establecer un sistema eficaz y seguro de distribución de medicamentos, tomar las medidas para garantizar su correcta administración, custodiar y dispensar los productos en fase de investigación clínica y velar por el cumplimiento de la legislación sobre medicamentos de sustancias psicoactivas o de cualquier otro medicamento que requiera un control especial.
- c) Formar parte de las comisiones hospitalarias en que puedan ser útiles sus conocimientos para la selección y evaluación científica de los medicamentos y de su empleo.
- d) Establecer un servicio de información de medicamentos para todo el personal del hospital, un sistema de farmacovigilancia intrahospitalario, estudios sistemáticos de utilización de medicamentos y actividades de farmacocinética clínica.

Science & Research (Drugs)

Research Areas

- ▶ **Genomics**
 - Pharmacogenomics Education Initiatives
 - Genomics: FDA Staff Presentations
 - Genomics: FDA Staff Publications
 - Genomics: Upcoming and Past Events
 - Additional Genomics-Related Resources

Resources for You

- Drug Development and Drug Interactions
- Critical Path Initiative

Genomics

✉ Sign up for free email updates about additions to the Genomics pages.

Genomics Overview

Pharmacogenomics allows us to identify sources of an individual's profile of drug response and predict the best possible treatment option for this individual. The use of genomic information, accelerated by the sequencing of the human genome and the advent of new tools and technologies, has opened new possibilities in drug discovery and development. Consequently, regulatory science and regulations are set in place appropriately, as new scientific evidence is forthcoming. [More](#)

Regulatory and Scientific Information

- [Genomics at FDA: Guidances, Concept Papers, and MaPPs](#)
- [Table of Valid Genomic Biomarkers in the Context of Approved Drug Labels](#)
- [Genomic Data Submission Decision Tree for Genomic Data Submission](#)

Spotlight

- [Genomics: Frequently Asked Questions](#)

Contact Us

FDA CDER Genomics

- ☎ 301-796-4756
- ☎ 301-847-8720
- ✉ fdagenomics@fda.hhs.gov

Biomarker	Label Context		Examples of other Drugs Associated with this Biomarker	References (PubMed ID)
	Representative Label	Drug		
<i>G-KIT expression</i>	<p>Gastrointestinal stromal tumor <i>c-Kit</i> expression "In vitro, imatinib inhibits proliferation and induces apoptosis in gastro-intestinal stromal tumor (GIST) cells, which express an activating c-kit mutation." "Gleevec is also indicated for the treatment of patients with Kit (CD117) positive unresectable and/or metastatic malignant gastrointestinal stromal tumors (GIST)."</p>	<p>Imatinib mesylate</p>		<p>12851888 16226710 16294026</p>
<i>CCR5 -Chemokine G-C motif receptor</i>	<p>CCR5 is a receptor site on the human T-cell that HIV uses to bind to the cell allowing it to enter and begin replication. "SELZENTRY, in combination with other antiretroviral agents, is indicated for treatment experienced adult patients infected with only CCR5-tropic HIV-1 detectable, who have evidence of viral replication and HIV-1 strains resistant to multiple antiretroviral agents." "SELZENTRY blocks a specific receptor called CCR5 that</p>	<p>Maraviroc</p>		<p>17933726 17933725 17933724 17933723 17933722</p>

Soporte de las agencias reguladoras

Biomarker	Label	Indication	Drug
CCR5-chemokine C-C motif receptor	Maraviroc in combination with other anti-retroviral agents is indicated for treatment-experienced adult patients infected with only CCR5-tropic HIV-1	HIV	Maraviroc
Epidermal growth factor receptor (EGFR) expression	Patients enrolled in clinical studies were required to have immune-histochemical evidence of EGFR expression using the DaktoCytomation EGFR pharmDx test	Colorectal cancer	Cetuximab
Her2/neu over-expression	Detection of Her2 over-expression is necessary for selection of patients appropriate for Herceptin therapy	Breast Cancer	Trastuzumab (Herceptin)
Philadelphia chromosome-positive responders	Dasatinib is effective for the treatment of adults with Philadelphia chromosome-positive acute lymphoblastic leukaemia (Ph+ALL) with resistance or intolerance to prior therapy	Leukaemia	Dasatinib

impact on the tumoral potential. Thus, many actors interfere with EGFR, minimising its proper impact. In line with this, **there is no apparent correlation between the expression of EGFR and response to certain targeted drugs, such as cetuximab, in metastatic colorectal cancer [5]**. Tyrosine kinase inhibitors might interfere with the phosphorylation of several of these pathways such as **Ras/ Raf/mitogen-activated protein kinase, or phosphatidylinositol 3'-kinase-Akt**.

Thus, eventual prognostic impact of EGFR might be reversed by targeted drugs such as illustrated in patients with metastatic breast cancer overexpressing HER2 and treated by trastuzumab.

For all these reasons, **the crude expression of EGFR probably does not belong to the most crucial biomarkers** such as those selecting candidates to adjuvant systemic therapy among stage II patients, or predicting response to a given drug.

Prospecto de voriconazol aprobado FDA

“*In vivo* studies indicated that CYP2C19 is significantly involved in the metabolism of voriconazole. This enzyme exhibits genetic polymorphism. For example, 15-20% of Asian populations may be expected to be poor metabolizers. For **Caucasians** and Blacks, the prevalence of poor metabolizers is **3-5%**.”

8.9 Metabolic Status In healthy subjects, patients with stable atherosclerosis, and patients with ACS receiving prasugrel, there was no relevant effect of genetic variation in CYP2B6, CYP2C9, CYP2C19, or CYP3A5 on the pharmacokinetics of prasugrel's active metabolite or its inhibition of platelet aggregation. (8. Use in Special Populations)

There is no relevant effect of genetic variation in CYP2B6, CYP2C9, CYP2C19, or CYP3A5 on the pharmacokinetics of prasugrel's active metabolite or its inhibition of platelet aggregation. (12 Clinical Pharmacology- 12.5 Pharmacogenomics)

Whereas the pharmacokinetics of prasugrel's active metabolite are not known to be affected by genetic variations in CYP2B6, CYP2C9, CYP2C19, or CYP3A5, the pharmacokinetics of clopidogrel's active metabolite are affected by CYP2C19 genotype, and approximately **30% of Caucasians** are reduced-metabolizers (14 Clinical Studies).

SEFH

Madrid Octubre 2010

Soporte de las agencias reguladoras

Blue Cross and Blue Shield Association (2008)

“insufficient evidence to permit conclusions regarding the use of CYP2D6 genotyping for directing endocrine therapy regimen selection for women at high risk for or with breast cancer”

<http://www.bcbs.com/blueresources/tec/vols/23/cyp2d6-pharmacogenomics-of.html>

SEFH

Madrid Octubre 2010

Soporte de las agencias reguladoras

Evidence Report/Technology Assessment

Number 146

Testing for Cytochrome P450 Polymorphisms in Adults With Non-Psychotic Depression Treated With Selective Serotonin Reuptake Inhibitors (SSRIs)

Conclusions: There is a paucity of good-quality data addressing the questions of whether testing for CYP450 polymorphisms in adults entering SSRI treatment for non-psychotic depression leads to improvement in outcomes, or whether testing results are useful in medical, personal, or public health decisionmaking.

<http://www.ahrq.gov/downloads/pub/evidence/pdf/cyp450/cyp450.pdf>



An Agency of the European Union




Text size: [A](#) [A](#) [A](#)

Site-wide search

GO

[Find medicine](#) [Regulatory](#) [Special topics](#) [Document library](#) [News & events](#) [Partners & networks](#) **[About us](#)**

Quick links 

we do

ve are

ve work

ittees

ng parties and
groups

gics Working
(BWP)

d Products
ing Party
(P)


rcv Working

[Home](#) [About Us](#) [Working parties and other groups](#) [CHMP](#) [Pharmacogenomics Working Party \(PgWP\)](#)

Pharmacogenomics Working Party (PgWP)

 [Email a friend](#)

 [Print page](#)

 [Help](#)

The Pharmacogenomics Working Party (PgWP) provides recommendations to the CHMP on all matters relating directly or indirectly to Pharmacogenomics.


The PgWP's tasks include:

- ▶ hosting workshops and briefing meetings for CHMP pharmacogenomics experts and applicants to share experience on pharmacogenomics-related issues;
- ▶ preparing, reviewing and updating guidelines for the preparation and assessment of the pharmacogenomics parts of regulatory submissions;
- ▶ supporting dossier evaluation;
- ▶ providing advice to the CHMP on general and product-specific matters relating to pharmacogenomics;
- ▶ liaising with interested parties;
- ▶ supporting the CHMP with its European and international cooperation efforts;
- ▶ providing advice, through the CHMP, to the European Commission and the Mutual Recognition Facilitation Group (MRFG) on

EMEA abril 2008 PG y cancer.pdf - Adobe Reader

Archivo Edición Ver Documento Herramientas Ventana Ayuda

1 / 12 124% Buscar



European Medicines Agency

London, April 2008
Doc. Ref. EMEA/CHMP/PGxWP/128435/2006

COMMITTEE FOR HUMAN MEDICINAL PRODUCTS

REFLECTION PAPER ON PHARMACOGENOMICS IN ONCOLOGY

DRAFT AGREED BY THE PG WORKING PARTY	April 2008
ADOPTION BY CHMP [FOR RELEASE FOR CONSULTATION]	April 2008

Diapositiva 13 de 35 Diseño predeterminado Español (España - alfabetización internacional)

Human Cytochrome P450 (CYP) Allele Nomenclature Committee - Microsoft Internet Explorer proporcionado por CUN

Archivo Edición Ver Favoritos Herramientas Ayuda

Atrás Búsqueda Favoritos Actualizar ya Correo Ayuda

Dirección <http://www.cypalleles.ki.se/> Ir

Desarrollo de herramientas

Home Page of the Human Cytochrome P450 (*CYP*) Allele Nomenclature Committee

Allele nomenclature for Cytochrome P450 enzymes:

CYP1 family:
[CYP1A1](#); [CYP1A2](#); [CYP1B1](#)

CYP2 family:
[CYP2A6](#); [CYP2A13](#); [CYP2B6](#); [CYP2C8](#); [CYP2C9](#); [CYP2C19](#);
[CYP2D6](#); [CYP2E1](#); [CYP2F1](#); [CYP2J2](#); [CYP2R1](#); [CYP2S1](#);
[CYP2W1](#)

Internet

Cytochrome P450 Homepage



[Click here!](#)

How to search this website with Google

Citation for this page: Nelson, DR (2009) The Cytochrome P450 Homepage. Human Genomics 4, 59-65.

What's New	Databases	Nomenclature	
P450 Blast server sequences	P450 Genomes	3D P450 Structure tour uses CHIME	
Trees	Alignments	Rogue's Gallery	
P450 Stats	Publications	P450 Talks/Lectures	
	human May 17, 2007	chimp March 19, 2004	Rhesus monkey Jan. 26, 2006
	mouse May 15, 2007	rat April 27, 2007	cattle Revised July 21, 2005

PharmGKB

www.pharmgkb.org

NLM

<http://ghr.nlm.nih.gov/>

HuGENet™

<http://www.cdc.gov/genomics/hugenet/>

JAMA

Author John Attia (serie 3 artículos 2009)

**How to Use an Article About Genetic Association: A:
Background Concepts**

**How to Use an Article About Genetic Association: B:
Are the Results of the Study Valid?**

**How to Use an Article About Genetic Association: C:
What Are the Results and Will They Help Me in Caring
for My Patients?**



**"Here's my
sequence..."**

Archivo Edición Ver Favoritos Herramientas Ayuda

Atrás Búsqueda Favoritos Actualizar ya Correo Ayuda

Dirección <http://www.pathway.com/dna-reports> Ir

MEDICATION RESPONSE

Caffeine : Metabolism


Your Results
Your genotype indicates that you metabolize caffeine at a slow rate, and risk of heart attack. If your genetic profile, family history, or lifestyle indicate, please discuss with your doctor how you can reduce your caffeine intake.

About this medication
Caffeine is the most widely consumed stimulant in the world and it is often found in chocolate, many soft drinks, as well as pain relievers and other over-the-counter medications. Caffeine is metabolized by a liver enzyme called cytochrome P450 1A2 which is encoded by the CYP1A2 gene. Your genotype indicates your level of enzyme activity, and thus, in your ability to metabolize caffeine.

We evaluated the following markers

DRUG RESPONSE (MEDICATION)


Identify how your genes may affect your response to drugs such as cancer treatments, cholesterol lowering drugs and more.



Drug Response (Medication)

Reports how effective and safe certain drugs may be for you, including warfarin, Plavix, and statins.


[Read more](#)



Pre-Pregnancy Planning

Pre-Pregnancy Planning Screens rare but serious conditions that could be passed on to your children.

[Read more](#)



Health Conditions

Identifies your genetic risk for common health conditions such as melanoma, prostate cancer and rheumatoid arthritis.

[Read more](#)

Necesidad de posicionamiento



Have a question? Call us at (877) 505 -7374 or [Contact Us](#)

[Activate Kit](#) | [Log In](#)

[Drug Response \(Medication\)](#) |
[List of Drugs Tested](#) | [Using](#)

[Your Kit](#)
|
[Science & Security](#) | [Preview](#)
[HOME](#) [ABOUT US](#)

[DNA REPORTS](#)

Drug Response (Medication)

Knowing how your genes may affect your response to certain drugs may improve the quality of your life.

YOUR GENES CAN AFFECT YOUR RESPONSE TO DRUGS

One of the great promises of genetic testing is personalized medicine — allowing your physician to prescribe the medication that is optimal for you based on your genotype. This kind of information can save you significant time, money and unnecessary suffering. Your genetics can determine how effective a particular drug is for you. In addition, your genetics may place you at risk of side effects for some drugs.



Learn more about what [type of drugs we test for](#).

[Ask Your Doctor](#)

EXAMPLE DRUG REPORTS AND HOW YOUR DOCTOR

CAN PERSONALIZE YOUR TREATMENT

Knowing ahead of time how you respond to certain drugs may help your doctor either prescribe the best drug or the best dose of a drug based on your genetic profile.



PLAVIX

Clopidogrel (sold under brand names such as Plavix, Clopilet and Ceruvin) is a drug you take orally. It acts to stop the platelets in your blood from sticking together, which would prevent the beginning of a blood clot. It is used to inhibit the formation of blood clots in patients with coronary artery disease, peripheral vascular disease and cerebrovascular disease.

[See our full list of Medications tested](#)

[See our full list of Medications tested](#)



How this information can empower you and your doctor

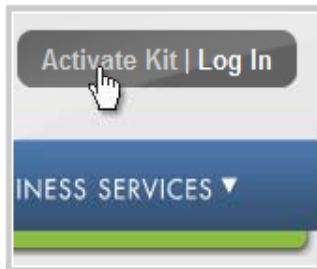
Your genetics can affect how effectively Plavix is metabolized, and thus how well it will work to protect you against blood clot formation. Based on your results, your physician might consider prescribing a nonstandard dose of Plavix or a different medication altogether. If you are taking Plavix, do not stop taking it or adjust your drug dosage without consulting with your physician.

USING YOUR KIT

It's simple and easy to use



Step 1. Ask your Doctor



Step 2. Activate your kit



Step 3. Fill saliva tube



Step 4. Send it back



Step 5. Get your results

PREVIEW OF RESULTS

An easy-to-understand report will be posted to the user's secure member account. From there it can be downloaded, printed or shared if desired.

Ask Your Doctor

Find out how to order

Discover your sensitivities

Your DNA Report can help your doctor optimize your medical regimen by ensuring that you're on the safest and most effective drug.

Our database continues to grow

You will receive a notification of any new available reports that are constantly added by our scientists to our genetic database.

Your Results
Your genotype indicates the risk of heart attack. If you please discuss with your doctor

Atypical Response

Drug Name	Your Genotype
Abacavir	A/C
Caffeine	
Amazening	

MEDICATION RESPONSE PATHWAY GENOMICS

Caffeine : Metabolism

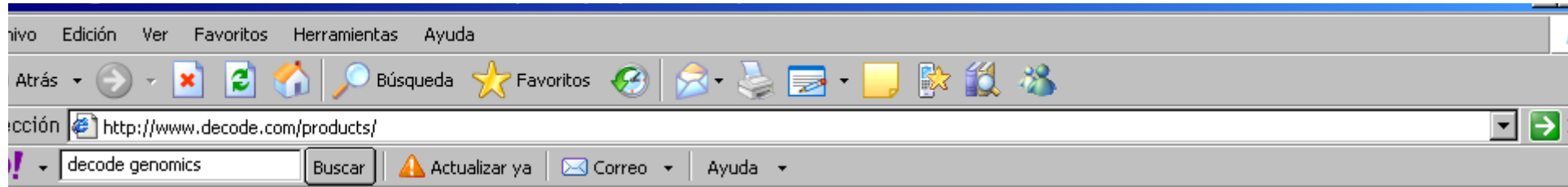
Your Results
Your genotype indicates that you metabolize caffeine at a slow rate, and that caffeine consumption may increase your risk of heart attack. If your genetic profile, family history, or lifestyle indicates a higher risk for cardiovascular disease, please discuss with your doctor how you can reduce your caffeine intake.

About this medication
Caffeine is the most widely consumed stimulant in the world and it is often added to many foods such as tea, coffee, many soft drinks, as well as pain relievers and other over-the-counter medications. Caffeine is metabolized by an enzyme called cytochrome P450 1A2 which is encoded by the CYP1A2 gene. Individuals differ in CYP1A2 activity, thus, in their ability to metabolize caffeine.

Atypical Response

Drug Name	Your Genotype
Abacavir	A/C
Caffeine	
Amazening	

These diagnostic test results were obtained by Pathway Genomics Corporation using Analyte Specific Reagents (ASRs). The performance characteristics of the ASRs were determined by the Clinical Laboratory Improvement Amendments of 1988 (CLIA) and licensed to perform high-level testing. These diagnostic test results were obtained by Pathway Genomics Corporation using Analyte Specific Reagents (ASRs). The performance characteristics of the ASRs were determined by the Clinical Laboratory Improvement Amendments of 1988 (CLIA) and licensed to perform high-level testing.



Company Products Services Science News & Events



Unique products from deCODE science

We apply our discoveries and capabilities in genetics to offer customers and partners market-leading diagnostic tests, personal genome scans, and tools for analyzing and visualizing genomic information

Our Products

- deCODEme
- deCODE diagnostics
- Partnerships & Licensing

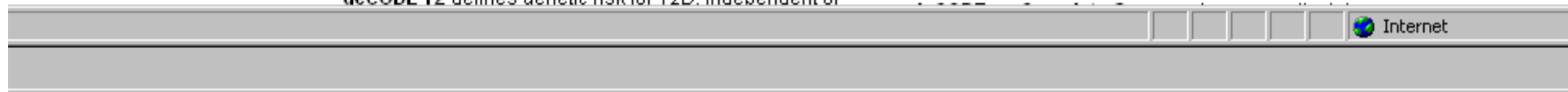
deCODE genetics employs its discoveries in a growing range of market-leading DNA-based risk assessment tests that enable individuals, working with their physician, to better understand their risk of disease and to empower better prevention, targeted screening and earlier intervention. deCODE's tests for assessing risk of common diseases are for clinical use and can be ordered with the authorization of physicians or other healthcare professionals, and many of these tests such as those for heart attack and type 2 diabetes are reimbursed by health insurance companies in the U.S. Click on the buttons below to find out more about these tests and how to order them.

OUR DIAGNOSTIC TESTS



deCODE T2 defines genetic risk for T2D. independent of

OUR PERSONAL GENETIC SCANS



SEFH

Madrid Octubre 2010

deCODE BreastCancer™

The deCODE BreastCancer™ test determines the genotypes for 7 known single-nucleotide polymorphisms (SNPs) that have been linked to genetic predisposition to female breast cancer. The variants are located on chromosomes 2q35 (rs13387042), 5p12 (rs4415084, near the *MRPS36* gene), 5q11 (rs889312, near the *MAP3K1* gene), 8q24 (rs13281615), 10q26 (rs1219648, near the *FGFR2* gene), 11p15 (rs3817198, near the *LSP1* gene), and 16q12 (rs3803662, near the *TNRC9/TOX3* gene). Based on an individual's genotypes for these SNP markers, lifetime genetic risk of being diagnosed with breast cancer can be determined and related to the general risk of breast cancer in the population.

deCODE BreastCancer™ and heritable breast cancer and breast cancer syndromes

The deCODE BreastCancer™ test does not assess risk from rare, high-penetrance mutations in genes such as *BRCA1*, *BRCA2*, *TP53*, and *PTEN* that confer high risks of familial, early onset breast cancer. These genes are involved in only a very small fraction of breast cancer cases arising in the general population. However some of the variants in the deCODE BreastCancer™ test modify the risk of breast cancer in subjects who carry mutations in the *BRCA1* and/or *BRCA2* genes.

[What We Offer](#)[Genetics & Health](#)[For Physicians](#)[About Us](#)[Try Demo](#)[Overview](#)[How it works](#)[Our genetic analysis](#)[Why Navigenics](#)[Genetic counseling](#)[Conditions & medications](#)[Our policies](#)[FAQs](#)[Success stories](#)[Request information](#)

Receive our newsletter

[Sign Up](#)[Success story:](#)

A powerful tool for change

You can now personalize your health strategies with powerful genetic insights. Knowing your genetic risks can help motivate you to take steps towards a healthier life. You can also learn if certain medications work with your genetic makeup, helping you and your doctor choose medications more likely to be safe and effective for you.

The process is simple

Learn how easy it is to take the first step toward a lifetime of better health.

[MORE >](#)

We're leading the way

Find out why Navigenics is the trusted choice for personalized genetic analysis.

[MORE >](#)

Our experts are here for you

Learn more about our board-certified Genetic Counselors, who are available to support you along the way.

[MORE >](#)

Your privacy is our priority



23andMe genetics just got personal.

Go

[Log in](#)

[Claim Codes](#)

[Blog](#)

[Help](#)

[Cart](#)

welcome

ancestry

health

how it works

store



Know yourself. At a molecular level.

Take a journey of self-discovery. With one simple test—all you do is spit in a tube—you can explore the mystery of your own genes.

You'll learn what your genes say about your traits. And learn about your disease risks. So you can team up with your doctor to make better decisions about your health.

And you can delve into your ancestry, finding out where your genes came from and filling out your family tree. Even discover relatives you never knew you had.

It's the most comprehensive genetic test available today. Which is why *Time* magazine called the 23andMe genetic test the 2008 Invention of the Year.



With 23andMe, you and your doctor can determine whether certain medications will be right for you.

23andMe Health Edition (\$429) also includes:

- Your [Carrier Status](#)
- Your [Disease Risk](#)



Why do your genetics matter?



Your genetics can affect your sensitivity to drugs.

The blood thinner [Warfarin \(Coumadin®\)](#) can help prevent blood clots, but it can also cause excessive bleeding in people whose sensitivity to this drug is increased by two genetic variations covered by 23andMe.



Your DNA can impact how effective drugs will be.

[Clopidogrel \(Plavix®\)](#) helps prevent heart attacks by keeping blood cells from sticking together. But a genetic variation that interferes with the drug's metabolism prevents some people from getting the full effect.

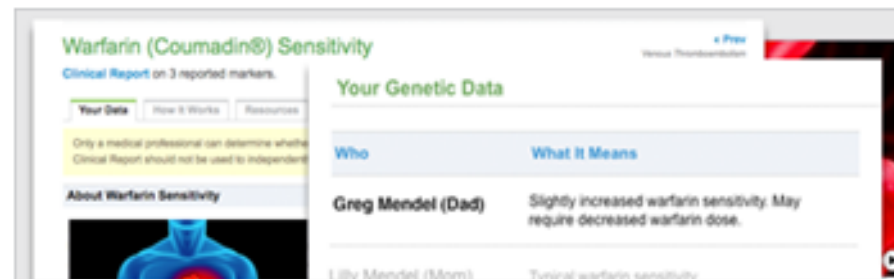


Genetics can determine if you'll have side effects.

Two genetic variations analyzed by 23andMe can increase the chances of experiencing [severe muscular pain and weakness](#) when taking high doses of cholesterol-lowering statins.

» [See our health reports on 174 diseases and conditions.](#)

Not all drugs are right for all people.



Genetics can affect how well some drugs work for you—or whether they will work at all. Knowledge about variations in your DNA can help your doctor determine if you need more or less of a medication compared to most people, or whether you might be at increased risk for certain serious side effects.

Easy to understand explanations at every step.



La farmacogenética-farmacogenómica es una disciplina consolidada en sus bases, pero emergente en sus aplicaciones

El farmacéutico de hospital, en cuanto a tal, debe manejar los datos derivados de esta actividad con el claro objetivo de la optimización racional de la farmacoterapia.

Por ello, empleará la evidencia científica relevante valorando siempre los aspectos de eficiencia, en un mejor servicio a la sociedad, tanto en la selección de un fármaco como en el establecimiento de sus condiciones de empleo

La Sociedad Española de Farmacia Hospitalaria, de forma proactiva, debería ofertar las ayudas y herramientas que faciliten la tarea de sus asociados